

**Jewish Hospital &
St. Mary's HealthCare**

c/o Rhonda Gibson, RN
Jewish Hospital Outpatient Care Center
225 Abraham Flexner Way
Louisville, KY 40202

Featured Guest Speaker



Kelly K
99.7 WDJX-FM
Morning Radio Personality

Conference Participants

Erica Adams, M.S., Ph.D. Candidate
Connie Hayes-Badon
Shelley Barber, RD
Mark Bronner, M.D.
Danny Davis
Kathy Davis
Gerald Dryden, M.D.
Susan Galandiuk, M.D.
Rhonda Gibson, RN
Joan Hardin, RN, MSN, CWOCN
Carol Heideman
Kevin Heine, M.D.

Jeffrey Jorden, M.D.
Laszlo Makk, M.D.
Martin Mark, M.D.
Dan Mullaney
Lara Norrenbrock
Lisbeth Selby, M.D.
Alan C. Simon, R.Ph.
Barbara Smeland, RN, BSN, MSN
Thomas Stephen, M.D.
Jeffrey Tuvlin, M.D.
Katina Walter, RN, BSN

"I have lived with ulcerative colitis for over four years and now they are talking about surgery. I thought something like this would help me deal with my anxiety and emotional state that comes with this disease. I would love to talk to people who are in the same situation as me... Maybe this will open doors for me I wasn't able to open for myself." - Toni Meador

Inflammatory Bowel Disease P.E.P. Talk

Patient Empowerment Program

A program created for
patients and families of
patients with Crohn's Disease
and Ulcerative Colitis

Presented by the
**Louisville Gastroenterology
and Colorectal Community**

Saturday, June 14, 2008

7:30 a.m. to 3:30 p.m.

Jewish Hospital

Rudd Heart and Lung Center

Hank Wagner Conference Center (CC)

201 Abraham Flexner Way

Louisville, KY 40202

Cost: Free

Sponsored by:

**Jewish Hospital &
St. Mary's HealthCare**



The purpose of this program is to provide education and support for patients with Inflammatory Bowel Disease (IBD)

PROGRAM FOR THE DAY

7:30 - 8 a.m. **Registration and Breakfast**

8 - 8:15 a.m. **Welcome**
Jeffrey Tuvlin, M.D., Program Chair and
Rhonda Gibson, RN

8:15 - 8:45 a.m. **Introduction to IBD**
Mark Bronner, M.D.

8:45 - 9 a.m. **Patient Perspective**
Connie Hayes-Badon, Senior Director, Yum! Brands, Inc.

9 - 9:20 a.m. **Medications in IBD**
Jeffrey Tuvlin, M.D.

9:20 - 9:30 a.m. **Patient Perspective**
Erica Adams, M.S., Ph.D. Candidate

9:30 - 9:50 a.m. **Break**

9:50 - 10:30 a.m. **Safety of Medications and Research Opportunities for IBD**
Gerald Dryden, M.D.

10:30 - 11 a.m. **Colorectal Cancer, Smoking, Genetics and Extraintestinal Manifestations**
Kevin Heine, M.D.

11 - 12 p.m. **Q & A Panel**
Martin Mark, M.D. (Moderator)

Panel Members
Shelley Barber, RD
Mark Bronner, M.D.
Gerald Dryden, M.D.
Susan Galandiuk, M.D.
Thomas Stephen, M.D.

12 - 12:45 p.m. **Lunch**

12:45 - 1:30 p.m. **"Living and Succeeding with IBD"**
Featured Guest Speaker, Kelly K

1:30 - 1:45 p.m. **Break**

1:45 - 3:25 p.m. **Breakout Sessions 1 - 3**

Adjourn

Optional

3:30 p.m. **Building a Louisville Support Group**

BREAKOUT SESSIONS

Session 1 - 1:45 - 2:15 p.m.

Session 2 - 2:20 - 2:50 p.m.

Session 3 - 2:55 - 3:25 p.m.

Coping Mechanisms

Erica Adams, M.S., Ph.D. Candidate

Surgical Management of IBD Issues

Susan Galandiuk, M.D.
Joan Hardin, RN, BSN, CWOCN
Jeffrey Jorden, M.D.
Laszlo Makk, M.D.

Fertility, Pregnancy and Breast Feeding

Lisbeth Selby, M.D.

Complementary and Alternative Medicine

Alan C. Simon, R.Ph.

Nutritional Issues and IBD

Shelley Barber, RD

Pediatric Issues and IBD

Thomas Stephen, M.D.

EXPRESSIVE ART CORNER

Would you be interested in contributing to our Expressive Art Corner by submitting a poem, drawing or other artistic work, related to your experience with IBD? If so, please contact Danny at 502-499-1474.

CHECK OUT THE RESOURCE CENTER

Please take advantage of on-site resources for nutritional consultation, ostomy care, free bone density evaluation and much more!

DINE AND DISCUSS

On the registration form, please choose at which table you would like to have lunch. Choose to sit with others with similar interest or just mix and mingle and meet new people.

LOCATION

Jewish Hospital
Rudd Heart and Lung Center
Hank Wagner Conference Center (CC)
201 Abraham Flexner Way
Louisville, KY 40202

Fee: No fee

DIRECTIONS

Driving East or West on I-64:
Exit at 5A, I-65 South, and follow directions below.

Driving South on I-65:
Exit at 136C, Jefferson Street (veer right at the fork). From Jefferson Street, turn left on First Street. Turn left on Chestnut Street. Turn left on Brook Street. Turn right immediately after Abraham Flexner Way behind the Rudd Heart and Lung Center. Follow the signs to the Patient Parking Garage.

Driving North on I-65:
Exit at 136C, Muhammad Ali Boulevard. Turn right on Muhammad Ali Boulevard. Turn left into Jewish Hospital campus. Proceed left to the Patient Parking Garage.

OR

Exit at 136B, Brook Street. Turn right immediately after Abraham Flexner Way behind the Rudd Heart and Lung Center. Follow the signs to the Patient Parking Garage.

REGISTRATION

INFLAMMATORY BOWEL DISEASE P.E.P. TALK

Deadline for Registration: June 2, 2008

Patient Name _____ # of Guests _____

Address _____

City _____ State _____ Zip _____

Day Phone _____

E-mail Address _____

Breakout Sessions 1: _____

2: _____

3: _____

Lunch Seating: Ulcerative Colitis Crohn's Disease Pediatric
 Support Group Interest Newly Diagnosed Family Support
 Medication Discussions Pregnancy and Breast Feeding
 Surgical Issues No Preference

For a vegetarian meal, please list total needed here _____

Seating is limited. Early Registration is strongly encouraged.
Please detach completed form and fax or mail to:

Rhonda Gibson
Fax: (502) 587-4334

Please use one form per registrant. This form may be duplicated. For more information, please call (502) 587-4004 or email rhonda.gibson@jhsmd.org.