

Seattle Guts and Glory 5K Run

08/12/2007

Place	Name	City	Age			Place	Name	City	Age				
			Age	Place	Pace				Time	Age	Place	Pace	Time
1	Hassan Khalit	Seattle Wa	20	1	5:17	0:16:25	84	Cory Cullinan	Kenmore Wa	40F	3	8:18	0:25:46
2	Lance Docken	Puyallup Wa	40	1	5:29	0:17:00	85	Tom Linarelli	Redmond Wa	30	22	8:19	0:25:48
3	Woody Maldonado	Seattle Wa	24	2	5:29	0:17:03	86	Alissa Richardson	Bellingham Wa	25F	12	8:20	0:25:51
4	Henry Wigglesworth	Seattle Wa	49	2	5:31	0:17:08	87	John Morris	Seattle Wa	60	1	8:20	0:25:53
5	Mike Pritchard	Seattle Wa	42	3	5:57	0:18:27	88	Craig Hays	Seattle Wa	27	14	8:21	0:25:56
6	Owen Burbank	Seattle Wa	17	1	5:58	0:18:32	89	Camille Scalise	Renton Wa	28F	13	8:22	0:25:57
7	Richard Ling	Steilacoom Wa	42	4	6:07	0:18:59	90	Jon Dangelo	Federal Way Wa	27	15	8:22	0:25:58
8	Matthew Garcia	Seattle Wa	31	1	6:16	0:19:27	91	Curtis Bogetto	Seattle Wa	34	23	8:22	0:25:59
9	Jesse Bengisson	Seattle Wa	15	2	6:22	0:19:47	92	Chloe Puff	Bothell Wa	15F	2	8:23	0:26:00
10	Erica Pitman	Woodinville Wa	24F	1	6:23	0:19:49	93	Jerry Demuro	Sammamish Wa	48	15	8:23	0:26:01
11	Neal Howard	Seattle Wa	17	3	6:26	0:19:59	94	Landon Sach	Redmond Wa	16	8	8:23	0:26:01
12	Sandra Rivera	Seattle Wa	25F	2	6:30	0:20:10	95	Jean Hayes	Tacoma Wa	51F	1	8:23	0:26:02
13	Chad Linnerooth	Carnation Wa	14	4	6:35	0:20:26	96	Beverly Fichtenberg	Seattle Wa	25F	14	8:24	0:26:05
14	Margaret Danahy	Renton Wa	33F	1	6:38	0:20:36	97	Troy Garwood	North Bend Wa	33	24	8:26	0:26:11
15	Brian Danahy	Renton Wa	45	5	6:41	0:20:45	98	Kyle Valla	Kirkland Wa	24	16	8:28	0:26:15
16	Scott Swanson	Lake Stevens	40	6	6:47	0:21:05	99	Jon Barefoot	Seattle Wa	64	2	8:28	0:26:17
17	Mary Emond	Seattle Wa	45F	1	6:49	0:21:10	100	Kristina Gillis	Brier Wa	24F	15	8:29	0:26:19
18	Eli Neal	Seattle Wa	17	5	6:51	0:21:16	101	Ryan Julie	Seattle Wa	34F	6	8:29	0:26:21
19	Charlie Landsman	Mercer Island	15	6	6:51	0:21:17	102	Jon Sleight	Puyallup Wa	44	16	8:30	0:26:22
20	Heather Slee	Seattle Wa	42F	2	6:52	0:21:21	103	Vic Vanhorn	Marysville Wa	36F	7	8:30	0:26:24
21	Peter Hartwell	Seattle Wa	51	1	6:54	0:21:24	104	Eric Mendenhall	Kenmore Wa	12	2	8:31	0:26:27
22	Michael Mendenhall	Kenmore Wa	12	1	6:55	0:21:30	105	Laura Marunashi	Mercer Island	17F	4	8:31	0:26:27
23	Chris Duncan	Seattle Wa	40	7	6:57	0:21:36	106	Hannah Leakey	Mercer Island	17F	3	8:31	0:26:27
24	Louise Akesson	Seattle Wa	27F	3	6:59	0:21:40	107	Dan Arvidson	Seattle Wa	27	17	8:33	0:26:33
25	Brad Hofler	Seattle Wa	37	2	6:59	0:21:42	108	Kyle Mckenzie	Silverdale Wa	19	9	8:36	0:26:42
26	Neil Kitchen	Seattle Wa	35	3	7:00	0:21:44	109	William Walters	Tacoma Wa	36	25	8:38	0:26:47
27	Ted Coulson	Seattle Wa	59	2	7:01	0:21:49	110	Andrea White	Lake Stevens	33F	8	8:38	0:26:48
28	Jay Grubb	Seattle Wa	46	8	7:03	0:21:52	111	Sheila Biscay	Lacey Wa	34F	9	8:39	0:26:51
29	Keith Ottosen	Lacey Wa	36	4	7:04	0:21:55	112	Brigitte Parsons	Sammamish Wa	48F	4	8:39	0:26:52
30	Greg Chappell	Redmond Wa	26	3	7:06	0:22:03	113	Karin Dacey	Shoreline Wa	35F	10	8:42	0:26:59
31	Phillip Stoddard	Wilsonville Or	27	4	7:07	0:22:05	114	Chad Hoggard	Shoreline Wa	36	26	8:42	0:27:00
32	Bob Stoddard	Seattle Wa	30	5	7:08	0:22:10	115	Aaron Rydecki	Kent Wa	25	18	8:42	0:27:01
33	Wendy Steiner	Kirkland Wa	29F	4	7:10	0:22:16	116	Adam j. Fyall	Richland Wa	35	27	8:42	0:27:01
34	Brett Alston	Kirkland Wa	32	6	7:11	0:22:18	117	Mary Smulski	Redmond Wa	53F	2	8:43	0:27:04
35	John Cote	Tacoma Wa	25	5	7:12	0:22:21	118	Lynn Schnapp	Seattle Wa	46F	5	8:47	0:27:14
36	Broh Landsman	Mercer Island	52	3	7:17	0:22:35	119	Julia Russell	Sammamish Wa	23F	16	8:48	0:27:17
37	Grant Kaiser	Seattle Wa	23	6	7:22	0:22:52	120	Jerry Gay	Seattle Wa	34	28	8:48	0:27:19
38	Kim Chinn	Seattle Wa	41	9	7:22	0:22:53	121	Woody Pang	Seattle Wa	69	3	8:51	0:27:29
39	Glenn Ottosen ii	Oakville Wa	38	7	7:22	0:22:54	122	Chris Olson	Bellevue Wa	27	19	8:52	0:27:30
40	Ryan Mendenhall	Kent Wa	22	7	7:23	0:22:57	123	Megan Healy	Seattle Wa	30F	11	8:53	0:27:33
41	Mike Mccready	Nashville Tn	41	10	7:24	0:22:58	124	Elizabeth Stinson	Federal Way Wa	48F	6	8:55	0:27:42
42	Ryan Eernisse	Seattle Wa	30	8	7:24	0:22:59	125	Tiffany Holmgren	Bellingham Wa	25F	18	8:56	0:27:44
43	Eric Hobbs	Kirkland Wa	33	9	7:25	0:23:02	126	Elizabeth Gardiner	Ferndale Wa	26F	17	8:56	0:27:44
44	Brook Brayman	Las Vegas Nv	30	10	7:26	0:23:05	127	Robert Usher	Kirkland Wa	46	17	8:58	0:27:48
45	Ed Ross	Tukwila Wa	27	8	7:28	0:23:09	128	Ginger Mckenzie	Silverdale Wa	48F	7	8:58	0:27:50
46	Peter Landsman	Mercer Island	17	7	7:28	0:23:10	129	James Minchew	Kirkland Wa	24	20	9:01	0:27:59
47	Shane Stone	Seattle Wa	32	11	7:29	0:23:13	130	Teri Foehl	Seattle Wa	32F	12	9:04	0:28:07
48	Jamie Bowden	Seattle Wa	34	12	7:29	0:23:15	131	Keith Summers	Des Moines Wa	48	18	9:04	0:28:08
49	Steve Mullin	Seattle Wa	46	11	7:30	0:23:17	132	John Ficker	Lacey Wa	34	29	9:04	0:28:09
50	Brenda Tomtan-brayman	Las Vegas Nv	34F	2	7:31	0:23:21	133	Amy Underkofler	Seattle Wa	29F	19	9:06	0:28:14
51	Shawn Cecotti	Bellingham Wa	28	9	7:31	0:23:22	134	Charles Walsh	Bothell Wa	29	21	9:06	0:28:15
52	Katina Chapa	Olympia Wa	25F	5	7:32	0:23:24	135	Emily Morrison	Seattle Wa	26F	20	9:08	0:28:20
53	Rebecca Fister	Gig Harbor Wa	19F	1	7:34	0:23:29	136	Christopher Walker	Vashon Wa	9	3	9:08	0:28:21
54	Justin Mitchell	Bellingham Wa	39	13	7:34	0:23:30	137	Rachel Dominguez	Kent Wa	19F	5	9:09	0:28:23
55	Andrea Swanson	Burien Wa	38F	3	7:34	0:23:31	138	Doug Dominguez	Kent Wa	46	19	9:09	0:28:24
56	Kevin Jones	Seattle Wa	49	12	7:34	0:23:31	139	Laura Jans	Bellingham Wa	26F	21	9:10	0:28:26
57	Crystal Conway	Bellingham Wa	28F	6	7:35	0:23:34	140	Brad Perdue	Mill Creek Wa	27	22	9:10	0:28:26
58	David Town	Seattle Wa	32	14	7:36	0:23:36	141	Nikole Perdue	Mill Creek Wa	27F	22	9:10	0:28:27
59	Scott Melvin	Seattle Wa	25	10	7:37	0:23:39	142	Ron Augustyn	Kirkland Wa	40	20	9:10	0:28:28
60	Hisham Othman	Seattle Wa	22	11	7:40	0:23:46	143	Mike Dozier	Kirkland Wa	41	21	9:10	0:28:29
61	Matthew Stinson	Federal Way Wa	20	12	7:41	0:23:52	144	Ryan Warner	Sammamish Wa	25	23	9:13	0:28:36
62	Travis Smith	Snohomish Wa	34	15	7:42	0:23:55	145	Tracey Miyazaki	Seattle Wa	22F	23	9:13	0:28:37
63	John Schupp	Mukilteo Wa	33	16	7:44	0:23:59	146	Dan O'connor	Kirkland Wa	34	30	9:13	0:28:38
64	Emiko Hobbs	Kirkland Wa	33F	4	7:45	0:24:02	147	Aselya Keyes	Seattle Wa	10F	2	9:14	0:28:39
65	Randy Nungesser	Stanwood Wa	34	17	7:49	0:24:14	148	Marco D'amico	Seattle Wa	38	31	9:17	0:28:48
66	Megan Burbank	Seattle Wa	20F	7	7:56	0:24:37	149	Annie Lamour	Seattle Wa	39F	14	9:17	0:28:49
67	Spider Burbank	Seattle Wa	53	4	7:57	0:24:40	150	betheny gross	Seattle Wa	33F	13	9:17	0:28:49
68	Brian Nowak	Seattle Wa	32	18	7:58	0:24:44	151	Brittany Stinson	Seattle Wa	24F	24	9:23	0:29:07
69	Justin Kausal-hayes	Seattle Wa	30	19	8:00	0:24:49	152	Art Valla	Kenmore Wa	54	7	9:24	0:29:09
70	Cynthia Pang	Seattle Wa	34F	5	8:01	0:24:53	153	Galya Itkin	Bellevue Wa	28F	25	9:24	0:29:10
71	Chris Adams	Kirkland Wa	30	20	8:02	0:24:57	154	Suzanne Nelson	Sammamish Wa	39F	15	9:24	0:29:11
72	Megan Olson	Seattle Wa	27F	8	8:03	0:24:58	155	Blake Kirstine	Bellevue Wa	30	32	9:24	0:29:12
73	Sarah Beder	Seattle Wa	27F	9	8:04	0:25:02	156	Jeanne Coulson	Seattle Wa	55F	3	9:25	0:29:12
74	Murray Andrews	Vashon Wa	75	1	8:05	0:25:06	157	Bonnie Carpenter	Gig Harbor Wa	55F	4	9:25	0:29:13
75	Mat Philipsen	Issaquah Wa	33	21	8:06	0:25:08	158	Ticia Gerber	Washington Dc	36F	16	9:25	0:29:15
76	Ross Cook	Seattle Wa	29	13	8:07	0:25:13	159	Stacy Miller	Kirkland Wa	22F	26	9:27	0:29:19
77	Elle Limesand	Bow Wa	11F	1	8:08	0:25:15	160	Lance Rounds	Bellevue Wa	33	33	9:27	0:29:20
78	Gary Limesand	Bow Wa	46	13	8:09	0:25:17	161	Doug Gailey	Port Angeles Wa	49	22	9:27	0:29:20
79	Cherie Percaccio	Seattle Wa	28F	10	8:10	0:25:21	162	Andrew Schmeling	Kirkland Wa	23	24	9:28	0:29:23
80	Jamie Zussman	Los Angeles Ca	27F	11	8:11	0:25:24	163	Matthew Lebedev	Seattle Wa	24	25	9:28	0:29:24
81	Bobby Mckaig	Kailua Hi	46	14	8:14	0:25:32	164	Jerry Andrews	Woodland Wa	44	23	9:33	0:29:39
82	Neil Zussman	Ketchum Id	56	5	8:15	0:25:38	165	Kristi Bleich	Puyallup Wa	21F	27	9:35	0:29:43
83	Jon Schierbest	Seattle Wa	57	6	8:18	0:25:44	166	Leslie Simmons	Snoqualmie Wa	25F	28	9:36	0:29:46

Seattle Guts and Glory 5K Run

08/12/2007

Place	Name	City	Age			Place	Name	City	Age				
			Age	Place	Pace				Time	Age	Place	Pace	Time
167	Andy Camp	Seattle Wa	28	26	9:38	0:29:53	250	Roselyn Traina	Shoreline Wa	52F	10	13:08	0:40:44
168	Rajesh Potti	Seattle Wa	34	34	9:38	0:29:54	251	Tamra Ancona	Shoreline Wa	35F	39	13:08	0:40:45
169	Ben Andrews	Woodland Wa	13	4	9:39	0:29:56	252	Sarah Cowan	Seattle Wa	29F	39	13:09	0:40:46
170	Jessica Lute	Kent Wa	25F	29	9:40	0:29:58	253	Brad cliffon	Seattle Wa	30	42	13:09	0:40:47
171	Katie Palmer	Bremerton Wa	37F	17	9:45	0:30:14	254	Karen Guilbeault	Renton Wa	40F	18	13:14	0:41:04
172	Alta Hartmann	Seattle Wa	30F	18	9:45	0:30:15	255	Lauren Sach	Redmond Wa	19F	10	13:18	0:41:16
173	Dave, sandy, a	Lacey Wa	23F	30	9:45	0:30:15	256	Pam Sach	Redmond Wa	46F	19	13:18	0:41:16
174	Dean Daylo	Bellevue Wa	40	24	9:46	0:30:18	257	Jacob Ficker	Lacey Wa	9	6	13:35	0:42:08
175	Kelsey Savre	Federal Way Wa	20F	31	9:50	0:30:32	258	Jennifer Ritchie	Kent Wa	37F	40	13:40	0:42:22
176	Nicholas Bleich	Puyallup Wa	16	10	9:55	0:30:46	259	Angela Mason	Bothell Wa	21F	40	13:42	0:42:31
177	Diane Anderson	Seattle Wa	42F	8	9:55	0:30:46	260	Jaime Martin	Kirkland Wa	29F	41	13:43	0:42:32
178	Kurt Cramer	Camano Island	32	35	10:00	0:31:02	261	Angela Dettorre	Seattle Wa	32F	41	13:43	0:42:33
179	Diane Brittenham	Renton Wa	48F	9	10:00	0:31:02	262	Terri Kalloway	Seattle Wa	46F	20	13:50	0:42:53
180	April Cameron	Woodway Wa	40F	10	10:01	0:31:05	263	Zachary Barlow	Covington Wa	11	7	14:07	0:43:48
181	Madison Suver	Seattle Wa	8F	3	10:01	0:31:06	264	Wally Kegel	Edmonds Wa	60	4	14:11	0:43:59
182	Heather Griffith	Seattle Wa	35F	19	10:02	0:31:08	265	Terry Kegel	Edmonds Wa	26	33	14:11	0:44:01
183	Jason Moore	Seattle Wa	29	27	10:03	0:31:13	266	Jennifer Lefebre	Seattle Wa	29F	42	14:18	0:44:21
184	Sarah Miller	Kirkland Wa	27F	32	10:07	0:31:23	267	Zarek Turner	Everett Wa	8	8	14:18	0:44:22
185	Kent Chaplin	Mill Creek Wa	57	8	10:08	0:31:28	268	Kendall Swanson	Lake Stevens	11F	4	14:18	0:44:22
186	Ryan Walker	Kent Wa	29	28	10:09	0:31:29	269	David Ling	Steilacoom Wa	8	9	14:20	0:44:29
187	Christie Youde	Maple Valley Wa	22F	33	10:12	0:31:40	270	Megan Andrews	Woodland Wa	11F	5	14:22	0:44:33
188	Dennis Youde	Maple Valley Wa	54	9	10:12	0:31:40	271	Sophie Swanson	Lake Stevens	9F	6	14:22	0:44:34
189	Robert Wayne	Silverdale Wa	46	25	10:13	0:31:43	272	Katelin Wilson	Enumclaw Wa	11F	7	14:39	0:45:27
190	Brianna Blaser	Seattle Wa	26F	34	10:21	0:32:07	273	Karen Naff	Bremerton Wa	62F	1	14:44	0:45:42
191	Tesia Walker	Kent Wa	29F	35	10:21	0:32:07	274	Briana Barber	Roy Wa	12F	8	14:48	0:45:53
192	Charlie Cabe	Bellingham Wa	27	29	10:22	0:32:10	275	Karen Grimes	Goldendale Wa	56F	11	14:52	0:46:07
193	Tracey Macneill	Seattle Wa	41F	11	10:22	0:32:12	276	Skip Grimes	Goldendale Wa	53	12	14:53	0:46:09
194	Burton Miller	Seattle Wa	40	26	10:23	0:32:12	277	Siarra Whitmore	Roy Wa	9F	9	14:53	0:46:11
195	Kristia Higgins	Seattle Wa	34F	20	10:23	0:32:13	278	John Whitmore	Roy Wa	35	43	14:53	0:46:12
196	John Higgins	Seattle Wa	32	36	10:23	0:32:15	279	Juan Garcia	Seattle Wa	36	44	14:54	0:46:13
197	Ellen Meline	Bellevue Wa	14F	6	10:24	0:32:18	280	Geni Hanley	Seattle Wa	27F	43	14:54	0:46:14
198	Robert Campbell	Bellevue Wa	72	2	10:25	0:32:18	281	Laura Walters	Tacoma Wa	35F	42	14:55	0:46:17
199	Joel Martell	Seattle Wa	45	27	10:25	0:32:20	282	Heather Garbes	Seattle Wa	32F	43	15:00	0:46:31
200	Jeff Hemmat	Bainbridge Islan	39	37	10:27	0:32:24	283	Jimmy Fursman	Seattle Wa	30	45	15:01	0:46:35
201	Andrew Johnson	Mill Creek Wa	30	38	10:27	0:32:25	284	Melanie Eubank	Bellevue Wa	24F	44	15:01	0:46:35
202	Chelsea Palmer	Rives Junction Mi	17F	7	10:27	0:32:26	285	Joshua Beck	Bellevue Wa	26	34	15:01	0:46:36
203	Cmartin Bullard	Seattle Wa	43	28	10:27	0:32:26	286	Dezi Fairbank	Roy Wa	12F	10	15:04	0:46:45
204	Pam Macewan	Seattle Wa	53F	5	10:29	0:32:32	287	Kendra Whitmore	Roy Wa	12F	11	15:04	0:46:46
205	kendra treece	Edmonds Wa	38F	21	10:39	0:33:03	288	Leah Wilson	Enumclaw Wa	40F	21	15:10	0:47:01
206	Debra Derickson	Normandy Park	42F	12	10:41	0:33:09	289	Nancy Bluhm	Snohomish Wa	63F	2	15:11	0:47:05
207	Julie Cox	Seattle Wa	37F	22	10:43	0:33:15	290	Tanya Young	Kent Wa	20F	45	15:13	0:47:11
208	Deanna Leung	Seattle Wa	38F	23	10:44	0:33:19	291	Amber Barber	Roy Wa	8F	12	15:14	0:47:15
209	Jason Auten	Seattle Wa	29	30	10:45	0:33:20	292	Paul Barber	Roy Wa	44	32	15:14	0:47:17
210	Ian Salkind	Bellevue Wa	40	29	10:45	0:33:22	293	Laura Bogusch	Seattle Wa	34F	44	15:23	0:47:43
211	Michelle Madden	Seattle Wa	32F	24	10:45	0:33:23	294	Jesse Riddle	Lynnwood Wa	26	35	15:39	0:48:31
212	Hilary Salkind	Bellevue Wa	39F	25	10:48	0:33:30	295	Holly Steckler	Blaine Wa	21F	46	15:39	0:48:32
213	Quinn Salkind	Bellevue Wa	11	5	10:48	0:33:30	296	Leonard Dietlin	Stanwood Wa	34	46	15:40	0:48:35
214	Jason Fraser	Snohomish Wa	34	39	10:50	0:33:38	297	Stephanie Dietlin	Stanwood Wa	30F	45	15:40	0:48:36
215	Janet Fraser	Snohomish Wa	30F	26	10:51	0:33:39	298	Jeff Donnell	Mill Creek Wa	55	13	15:43	0:48:44
216	Linda Mckenzie	Fairfax Ca	51F	6	10:51	0:33:40	299	Becky Andrews	Woodland Wa	43F	22	15:44	0:48:47
217	Karen James	Seattle Wa	30F	27	10:51	0:33:40	300	Robin Swanson	Lake Stevens	41F	23	15:44	0:48:48
218	Kara Mckenzie	Silverdale Wa	24F	36	10:51	0:33:40	301	Ryan Ling	Steilacoom Wa	5	10	15:45	0:48:52
219	Mary Mckenzie		47F	13	10:51	0:33:41	302	Kylie Dietlin	Stanwood Wa	10F	13	15:50	0:49:08
220	Marti Williamson	Seattle Wa	50F	7	10:54	0:33:51	303	Molly Dunbar	Camano Island	30F	46	15:51	0:49:09
221	Carl Lund	Renton Wa	59	10	10:56	0:33:55	304	Stephanie Dietlin	Stanwood Wa	30F	47	15:51	0:49:11
222	Lara Diener	Seattle Wa	35F	28	10:57	0:33:57	305	Tracy Ling	Steilacoom Wa	43F	24	15:52	0:49:13
223	Denise Hollo	Seattle Wa	42F	14	10:57	0:33:58	306	Michelle Nelson	Lynnwood Wa	29F	47	15:53	0:49:15
224	Terry Voss	Kirkland Wa	53F	8	11:02	0:34:15	307	Christy Germaine	Lake Stevens	28F	48	15:53	0:49:16
225	Nicole Lemon	Federal Way Wa	24F	37	11:03	0:34:19	308	Mike Staica	Seattle Wa	45	33	15:53	0:49:17
226	Anna Smith	Seattle Wa	22F	38	11:03	0:34:19	309	Diana Dillon	Bellevue Wa	50F	12	15:53	0:49:18
227	Wendy Brady	Lynwood Wa	33F	29	11:09	0:34:37	310	Jon Cantrell	Snoqualmie Wa	28	36	15:55	0:49:21
228	Nicole Soncarty	Seattle Wa	34F	30	11:17	0:35:01	311	Abbey Cantrell	Snoqualmie Wa	26F	49	15:56	0:49:25
229	Gregory Currier	Kirkland Wa	36	40	11:46	0:36:30	312	John Jarrett	Redmond Wa	0	1	15:59	0:49:33
230	Vikki Morris	Kirkland Wa	37F	31	11:47	0:36:33	313	Kenneth Gross	Port Allegany Pa	60	5	15:59	0:49:35
231	Christine Hoffman	Bellevue Wa	59F	9	11:48	0:36:35	314	Beverly Anderson	Lynnwood Wa	64F	3	16:01	0:49:43
232	Liz Benavidez	Woodinville Wa	44F	15	11:48	0:36:36	315	Hazel Leung	Seattle Wa	67F	4	16:03	0:49:47
233	Lisa Shaw	Seattle Wa	42F	16	11:48	0:36:36	316	Tracy Landsman	Mercer Island	52F	13	16:07	0:49:59
234	Cherell Fisher	Lacey Wa	37F	32	11:51	0:36:47	317	Theresa Donnell	Mill Creek Wa	59F	14	16:08	0:50:02
235	Deborah Libby	Seattle Wa	31F	33	11:55	0:36:58	318	Sivona Lingle	Seattle Wa	17F	11	16:09	0:50:06
236	Becca Philipsen	Issaquah Wa	33F	35	12:02	0:37:19	319	Joan Iffert	Seattle Wa	44F	25	16:09	0:50:06
237	September Hyde	Gig Harbor Wa	30F	34	12:02	0:37:19	320	Angie Tyler	Seattle Wa	17F	12	16:09	0:50:07
238	Nicole Nelson	Redmond Wa	17F	8	12:02	0:37:20	321	Jesse Roark	Seattle Wa	18	11	16:09	0:50:07
239	John Nelson	Redmond Wa	48	30	12:02	0:37:21	322	Jennifer Spanton	Bellevue Wa	34F	48	16:10	0:50:10
240	Benjamin Fleming	Maple Valley Wa	47	31	12:11	0:37:47	323	Cheryl Price	Bonney Lake Wa	50F	15	16:17	0:50:29
241	Kari Mattson	Issaquah Wa	33F	36	12:13	0:37:53	324	Wanda Townsend	Burien Wa	39F	49	16:17	0:50:29
242	Aaron Mattson	Issaquah Wa	31	41	12:40	0:39:18	325	Alexis Elliott	Snohomish Wa	50F	16	16:20	0:50:40
243	Tina Shepard	Seattle Wa	34F	37	12:40	0:39:18	326	Mike Jameson	Sammamish Wa	32	47	16:22	0:50:48
244	Laura Shanks	Edmonds Wa	14F	9	12:48	0:39:43	327	Kenneth Pratt	Federal Way Wa	60	6	16:27	0:51:02
245	Brian Shanks	Edmonds Wa	52	11	12:48	0:39:43	328	Sandy Jameson	Sammamish Wa	35F	50	16:27	0:51:02
246	Jolene Dalton gailey	Port Angeles Wa	49F	17	12:52	0:39:56	329	Vicky Guffin	Renton Wa	45F	26	16:30	0:51:11
247	Aaron Frankovich	Bellevue Wa	26	31	12:59	0:40:17	330	Leanna Bidinger	Spanaway Wa	30F	51	16:30	0:51:12
248	Jason Allen	Duvall Wa	26	32	13:01	0:40:25	331	Laura Mckeown	Tacoma Wa	41F	27	16:31	0:51:13
249	Shana Feldmann	Bothell Wa	30F	38	13:07	0:40:42	332	Jennifer Joseph	Seattle Wa	21F	50	16:31	0:51:14

Seattle Guts and Glory 5K Run

08/12/2007

Place	Name	City	Age			Place	Name	City	Age				
			Age	Place	Pace				Time	Age	Place	Pace	Time
333	Sean Banks	Mill Creek Wa	27	37	16:31	0:51:16	416	Danielle Bohnet	Lynnwood Wa	28F	65	18:20	0:56:52
334	Renee Young	Kent Wa	48F	28	16:32	0:51:16	417	Suzanne Sjogren	Edmonds Wa	33F	67	18:20	0:56:52
335	Louise Vanlerberghe	Federal Way Wa	49F	29	16:32	0:51:17	418	Lauren Winston	Stamford Ct	42F	37	18:21	0:56:54
336	Donald Vanlerberghe	Federal Way Wa	45	34	16:42	0:51:48	419	Monique Vancamp		41F	38	18:21	0:56:55
337	Emily Slagle	Tacoma Wa	30F	52	16:43	0:51:53	420	Courtney Guilbeault	Renton Wa	11F	16	18:22	0:56:58
338	Sarah Slagle	Tacoma Wa	29F	51	16:44	0:51:53	421	Tanya Katterfeld	Spokane Valley	23F	66	18:22	0:56:59
339	Rebecca Kostelich	Seattle Wa	31F	53	16:50	0:52:14	422	Kim Jenkins	Issaquah Wa	39F	68	18:23	0:57:02
340	Mia Pratt	Federal Way Wa	58F	17	16:50	0:52:14	423	Riley Guilbeault	Bellevue Wa	13	15	18:31	0:57:25
341	Ayla Hill-kostelich	Seattle Wa	15F	13	16:50	0:52:15	424	Zackory Guilbeault	Bellevue Wa	17	12	18:31	0:57:25
342	Rachael Hock	Seattle Wa	35F	54	16:50	0:52:15	425	Hannah Guilbeault	Bellevue Wa	11F	17	18:31	0:57:26
343	Marika Johnson	Seattle Wa	28F	52	16:53	0:52:23	426	Susanne Hartsock	Woodinville Wa	46F	39	18:31	0:57:26
344	Jessica Flickner	Sultan Wa	28F	53	16:53	0:52:24	427	Sue Hill	Sammamish Wa	46F	40	18:33	0:57:31
345	Elaine Sperry	Kent Wa	38F	55	17:00	0:52:42	428	Gene Hollingsworth	Bellevue Wa	17	13	18:33	0:57:33
346	Lauren Bailey	Seattle Wa	20F	54	17:04	0:52:56	429	Michele Lebrasseur	Bothell Wa	61F	6	18:33	0:57:33
347	Brian Robinson	Seattle Wa	30	48	17:04	0:52:56	430	Brent Witte	Bellevue Wa	33	60	18:34	0:57:35
348	Melinda Wong	Seattle Wa	20F	55	17:04	0:52:56	431	Marcia Delaurenti	Bellevue Wa	54F	22	18:34	0:57:35
349	Olivia Zieve	Seattle Wa	19F	14	17:04	0:52:57	432	Janet Chisholm	Redmond Wa	31F	69	18:34	0:57:36
350	Jacob Stauch	Maple Valley Wa	30	49	17:04	0:52:58	433	Rose Hornby	Everett Wa	57F	24	18:35	0:57:38
351	Eileen Stauch	Maple Valley Wa	31F	56	17:06	0:53:03	434	Virginia Blaine	Bellevue Wa	56F	23	18:35	0:57:38
352	Wanda Dumars	Elma Wa	59F	18	17:06	0:53:04	435	Marie Hampson	Redmond Wa	56F	25	18:36	0:57:40
353	Bonnie Kirk	Bothell Wa	??F	1	17:07	0:53:04	436	Michael Guilbeault	Renton Wa	42	39	18:36	0:57:41
354	Matthew Witcher	Seattle Wa	31	50	17:07	0:53:05	437	Laura Pardee	Marysville Wa	18F	15	18:37	0:57:43
355	Jack Carico	Walla Walla Wa	31	51	17:08	0:53:08	438	Barb Pardee	Marysville Wa	55F	27	18:37	0:57:43
356	Oris Kirk	Bothell Wa	65	7	17:09	0:53:12	439	Jackie Simkins	Tacoma Wa	59F	26	18:37	0:57:43
357	John Dwyer	Redmond Wa	44	35	17:10	0:53:13	440	Don Parker	Marysville Wa	21	44	18:37	0:57:43
358	Nathan Schultz	Seattle Wa	31	52	17:10	0:53:14	441	Scott Kivitz	Redmond Wa	28	43	18:37	0:57:43
359	Laura Larkins	Seattle Wa	22F	56	17:10	0:53:15	442	Dawn Dombroski		??F	2	18:37	0:57:44
360	Blaine Hamilton	Seattle Wa	24	38	17:14	0:53:28	443	June Wightman	Bothell Wa	70F	1	18:37	0:57:44
361	Alex Gurdian	Bellevue Wa	40	36	17:15	0:53:31	444	Bill Lefley	Bothell Wa	78	3	18:37	0:57:45
362	Liz Gurdian	Bellevue Wa	39F	57	17:15	0:53:31	445	Kelly Booker	Bellingham Wa	37F	70	18:37	0:57:46
363	Jennifer Satterstrom	Renton Wa	31F	58	17:20	0:53:47	446	Jennifer Cutler	Redmond Wa	28F	67	18:38	0:57:46
364	Jared Wade	College Place	31	53	17:20	0:53:48	447	Scott Stone	Mercer Island	37	61	18:38	0:57:47
365	Matt Wray	Seattle Wa	30	54	17:20	0:53:48	448	Rachel Dobrow stone	Mercer Island	33F	71	18:38	0:57:47
366	Robyn Prout	Seattle Wa	34F	59	17:21	0:53:48	449	Allison Clark	Seattle Wa	18F	16	18:38	0:57:47
367	Paul Allen	Samor Wa	61	8	17:21	0:53:48	450	David Clark	Seattle Wa	47	40	18:38	0:57:47
368	Donny Anderson	North Bend Wa	31	55	17:24	0:53:57	451	Ellen Katterfeld	Spokane Valley	41F	41	18:38	0:57:47
369	Craig Miller	Kirkland Wa	59	14	17:27	0:54:07	452	Nicole Langendorfer	Bothell Wa	25F	69	18:39	0:57:50
370	Cara Mcdonald	Bellevue Wa	32F	60	17:29	0:54:12	453	Kelly Hampson	Kirkland Wa	23F	68	18:39	0:57:50
371	Jennifer Moore	Seattle Wa	32F	61	17:29	0:54:13	454	Elaine Dubonsky	Seattle Wa	57F	28	18:40	0:57:53
372	Jennifer Wang	Seattle Wa	25F	57	17:29	0:54:14	455	Dominic Calender	Snoqualmie Wa	29	45	18:43	0:58:03
373	Brandon King	Seattle Wa	32	56	17:30	0:54:16	456	Tarrah Calender	Snoqualmie Wa	30F	72	18:43	0:58:05
374	Michaela Wallitner	Port Orchard Wa	9F	14	17:30	0:54:17	457	Pam Cramer	Stanwood Wa	52F	29	18:45	0:58:09
375	Sandy Mendenhall	Kent Wa	49F	30	17:30	0:54:17	458	Holly Witte	Bellevue Wa	44F	42	18:46	0:58:12
376	John Dwyer	Redmond Wa	44	37	17:34	0:54:31	459	Marti Emerson	Bellevue Wa	48F	43	18:49	0:58:22
377	Catherine Mendenhall	Kenmore Wa	46F	31	17:37	0:54:40	460	Marin Sevy	Bothell Wa	23F	70	18:50	0:58:27
378	Allie Wallitner	Port Orchards	40F	32	17:38	0:54:42	461	Michael Scown	Edmonds Wa	45	41	18:51	0:58:28
379	Marie Tonge	Bremerton Wa	66F	5	17:39	0:54:46	462	Jamie Turpin	Kirkland Wa	32F	74	18:53	0:58:36
380	Dave Mendenhall	Kent Wa	54	15	17:46	0:55:07	463	Cole Cramer	Camano Island	4	16	18:54	0:58:36
381	Bill Mendenhall	Kenmore Wa	12	11	17:47	0:55:08	464	Krissa Cramer	Camano Island	31F	73	18:54	0:58:36
382	Christy Pruitt	Bothell Wa	24F	58	17:49	0:55:15	465	Fran Scown	Edmonds Wa	40F	44	18:54	0:58:36
383	Judy Pruitt	Bothell Wa	54F	19	17:49	0:55:16	466	Bennett Scown	Edmonds Wa	5	17	18:54	0:58:37
384	Chris Pruitt	Bothell Wa	54	16	17:50	0:55:17	467	Courtney Stone	Seattle Wa	30F	75	18:57	0:58:46
385	Marsha Dettorre	Edmonds Wa	56F	20	17:50	0:55:18	468	Jaedi Stevens	Issaquah Wa	29F	72	18:59	0:58:53
386	Emma Burbank	Seattle Wa	27F	59	17:51	0:55:22	469	Shelley Harding	Covington Wa	29F	71	18:59	0:58:53
387	Jack Dombroski	Bainbridge Island	5	12	17:53	0:55:28	470	Mike Harding	Kent Wa	29	46	18:59	0:58:54
388	Shane Pecheos	Puyallup Wa	33	57	17:57	0:55:40	471	Brian Boblenz	Seattle Wa	44	42	19:00	0:58:55
389	Rachael Pecheos	Puyallup Wa	29F	60	17:57	0:55:40	472	Chuck Boblenz	Seattle Wa	48	43	19:00	0:58:57
390	Rick Friel	Seattle Wa	41	38	17:59	0:55:45	473	Patti Weidkamp	Lake Forest Park	58F	30	19:01	0:58:59
391	Anna Knowlden	Seattle Wa	29F	61	17:59	0:55:45	474	Kelsey Weidkamp	Lake Forest Park	25F	73	19:01	0:58:59
392	Kelley Ford	Seattle Wa	30F	62	17:59	0:55:46	475	Denny Weidkamp	Lake Forest Park	58	18	19:01	0:58:59
393	Rachel Mckenzie	Seattle Wa	35F	63	17:59	0:55:47	476	Molly Mccallister	Seattle Wa	16F	17	19:01	0:59:00
394	Jaffer Barlas	Seattle Wa	26	39	18:00	0:55:49	477	Bailey Cuzak	Seattle Wa	16F	18	19:02	0:59:02
395	Kristen Trunkey		27F	62	18:00	0:55:50	478	Marjorie Levy	Seattle Wa	63F	7	19:02	0:59:02
396	Ethan hwanag		24	40	18:00	0:55:51	479	Kelsey Boblenz	Seattle Wa	13F	18	19:02	0:59:03
397	Meghan Parchem	Mukilteo Wa	24F	63	18:04	0:56:02	480	Robert Nunnenkamp	Redmond Wa	45	44	19:04	0:59:09
398	Michael Wren	Bothell Wa	21	41	18:04	0:56:02	481	Steve Humphreys	Bellevue Wa	58	19	19:04	0:59:09
399	Robert Mickerson	Seattle Wa	66	9	18:04	0:56:03	482	Connie Blumen	Sammamish Wa	??F	3	19:04	0:59:10
400	Deann Rossetti	Maple Valley Wa	46F	33	18:05	0:56:05	483	Tom Eksten	Bothell Wa	60	10	19:05	0:59:10
401	Robert Meuer	Auburn Wa	32	58	18:05	0:56:05	484	Curt Kamp	Kirkland Wa	46	45	19:05	0:59:11
402	Ryan Meuer	Auburn Wa	3	13	18:05	0:56:06	485	Anne Mccallister	Seattle Wa	45F	45	19:08	0:59:20
403	Rayna Meuer	Auburn Wa	32F	64	18:05	0:56:07	486	Lori Boblenz	Seattle Wa	50F	31	19:08	0:59:22
404	Ben Meuer	Auburn Wa	6	14	18:06	0:56:07	487	Elisa Garrison	Maple Valley Wa	28F	74	19:10	0:59:28
405	Bruce Butterfield	Seattle Wa	55	17	18:06	0:56:08	488	Tiffany Fisher	Maple Valley Wa	35F	76	19:10	0:59:28
406	Courtney Myers	Lynnwood Wa	23F	64	18:07	0:56:10	489	Erin&jack Granger	Gig Harbor Wa	25	47	19:13	0:59:35
407	emily ershig	Bellingham Wa	10F	15	18:11	0:56:23	490	Teresa Walrod	Renton Wa	33F	77	19:13	0:59:37
408	Clayton Ritter	Bothell Wa	26	42	18:11	0:56:24	491	Sue Walker	Gig Harbor Wa	51F	32	19:13	0:59:37
409	Jay Boykin	Fermdale Wa	35	59	18:11	0:56:24	492	Chas Holmes	Normandy Park	22	48	19:14	0:59:38
410	Cindy Barber	Roy Wa	44F	34	18:11	0:56:25	493	Ginny Taman	Bothell Wa	5F	19	19:14	0:59:39
411	Susan Walukiewicz	Redmond Wa	40F	35	18:11	0:56:26	494	Hank Taman	Bothell Wa	37	62	19:14	0:59:39
412	Kathy Barnes	Redmond Wa	48F	36	18:14	0:56:32	495	Tucker Taman	Bothell Wa	6	18	19:14	0:59:40
413	Rhonda Whitmore	Roy Wa	39F	65	18:15	0:56:37	496	Nicole Schierberl	Bellingham Wa	22F	75	19:15	0:59:41
414	janet ershig	Bellingham Wa	38F	66	18:17	0:56:41	497	Amy Powter	Everett Wa	26F	76	19:15	0:59:42
415	Sharon Miller	Kirkland Wa	54F	21	18:18	0:56:44	498	Corey Moran	Seattle Wa	30	63	19:15	0:59:42

Seattle Guts and Glory 5K Run

08/12/2007

Place	Name	City	Age				Place	Name	City	Age			
			Age	Place	Pace	Time				Age	Place	Pace	Time
499	Lisa Reeder	Sammamish Wa	28F	77	19:15	0:59:43	582	Jennifer Springs	Federal Way Wa	41F	51	19:58	1:01:56
500	Jenny Persson	Seattle Wa	24F	78	19:16	0:59:47	583	Karras Fletcher	Buckley Wa	21F	95	19:59	1:01:59
501	Lauren Ducharme	Kent Wa	15F	19	19:18	0:59:51	584	Kathe Holmes	Normandy Park	54F	43	19:59	1:01:59
502	Julie Peter	Kent Wa	16F	20	19:19	0:59:54	585	Anna Ferris	Seattle Wa	21F	94	19:59	1:01:59
503	Daisy Chen	Kent Wa	15F	21	19:19	0:59:55	586	Kayla Rodriguez	Lynnwood Wa	15F	26	20:03	1:02:11
504	Caitlin Kidder	Covington Wa	16F	22	19:19	0:59:56	587	Stevie Jones	Puyallup Wa	14F	27	20:03	1:02:11
505	Barbara Bosone	Seattle Wa	50F	33	19:20	0:59:56	588	Maro Walsh	Medina Wa	59F	44	20:03	1:02:12
506	Mary ellen Harrington	Seattle Wa	58F	34	19:20	0:59:59	589	Charles e Walsh	Medina Wa	63	13	20:04	1:02:14
507	Barbara Chaplin	Mill Creek Wa	54F	35	19:21	1:00:01	590	Linda Steckler	Blaine Wa	58F	45	20:06	1:02:20
508	Nick Chaplin	Bothell Wa	28	49	19:22	1:00:04	591	Tyson Chaplin	Bothell Wa	23	57	20:06	1:02:21
509	Anthony Powter	Everett Wa	25	50	19:22	1:00:04	592	Tessa Yardley	Bothell Wa	23F	96	20:07	1:02:22
510	Andrea Chaplin	Bothell Wa	25F	79	19:22	1:00:05	593	Corrie Whiting	Sammamish Wa	63	14	20:07	1:02:23
511	Michaela Tamam	Bothell Wa	5F	20	19:24	1:00:09	594	Oliver Alston	Kirkland Wa	4	20	20:09	1:02:30
512	Zach Rakus	Duvall Wa	16	14	19:24	1:00:09	595	Katie Headlee	Kirkland Wa	57F	46	20:12	1:02:39
513	Val Bachmayer	Kirkland Wa	49F	46	19:24	1:00:10	596	Linda Garbo	Shoreline Wa	59F	47	20:12	1:02:40
514	Vanessa Mcdonald	Renton Wa	49F	47	19:25	1:00:13	597	Tom Headlee sr.	Kirkland Wa	58	24	20:12	1:02:40
515	Aubrie Rakus	Seattle Wa	12F	21	19:26	1:00:18	598	Alice Riehl	Wa	61F	11	20:13	1:02:42
516	Gavin Rakus	Duvall Wa	9	19	19:26	1:00:18	599	Meredith Mitchell		35F	84	20:13	1:02:42
517	Diane Jans	Camas Wa	57F	36	19:27	1:00:18	600	Wes Hall	Seattle Wa	30	69	20:20	1:03:04
518	Amanda Stover	Seattle Wa	20F	80	19:27	1:00:20	601	Katie Crossett	Mercer Island	29F	97	20:20	1:03:05
519	Katelynn Holte	Seattle Wa	19F	23	19:28	1:00:22	602	Cindy Nelson	Redmond Wa	49F	52	20:20	1:03:06
520	Sally Cabe	Snoqualmie Wa	57F	37	19:29	1:00:25	603	Jim Gordon	Woodinville Wa	63	15	20:21	1:03:06
521	Cheryl Huffman	Olympia Wa	56F	38	19:29	1:00:25	604	Marcia Gordon	Woodinville Wa	58F	48	20:21	1:03:07
522	Katie Harding	Lacey Wa	28F	81	19:29	1:00:27	605	Brad Hamilton	Mercer Island	30	70	20:21	1:03:07
523	Marguie Huffman	Seattle Wa	33F	78	19:30	1:00:27	606	Jamie Bergman	Bellingham Wa	29F	98	20:21	1:03:08
524	Sally Valla	Kenmore Wa	53F	39	19:30	1:00:28	607	Patty Walter	Kent Wa	41F	53	20:21	1:03:09
525	Rita Hampson	Redmond Wa	??F	4	19:30	1:00:29	608	Brian Walter	Kent Wa	41	51	20:22	1:03:09
526	Melissa Starr	Maple Valley Wa	28F	82	19:30	1:00:30	609	Daniel Burnett	Brier Wa	61	16	20:22	1:03:12
527	Cathleen Higgins	Maple Valley Wa	30F	79	19:30	1:00:30	610	Rilla Burnett	Brier Wa	60F	12	20:23	1:03:12
528	Susan Fehr	San Ramon Ca	62F	8	19:30	1:00:31	611	Darby Ringer	Seattle Wa	57F	49	20:25	1:03:20
529	Angie Radosevic	Madison Sd	58F	40	19:31	1:00:31	612	Nick Dettorre	Shoreline Wa	28	58	20:25	1:03:20
530	Richard Radosevic	Madison Sd	59	20	19:31	1:00:32	613	Jason Anderson	Renton Wa	32	71	20:26	1:03:22
531	Pat Normile	Clinton Wa	0	2	19:33	1:00:38	614	Gina Anderson	Renton Wa	30F	85	20:26	1:03:23
532	Laurel Gordon	Seattle Wa	24F	83	19:34	1:00:43	615	Bradley Guichard	Snohomish Wa	27	59	20:27	1:03:26
533	Chris Nagano	Bellevue Wa	33	64	19:35	1:00:43	616	Kimberly Guichard	Snohomish Wa	26F	99	20:27	1:03:26
534	Tom Kaitchuck	Seattle Wa	23	51	19:36	1:00:47	617	Linda Winterroth	Edmonds Wa	56F	50	20:38	1:03:58
535	Anca Scaesteanu	Seattle Wa	23F	84	19:36	1:00:49	618	Myra Whiting	Sammamish Wa	54F	51	20:38	1:03:59
536	Kelsie Lindgren	Darby Ct	16F	24	19:37	1:00:51	619	Dennis Winterroth	Edmonds Wa	58	25	20:38	1:04:00
537	Adam Rakus	Seattle Wa	46	46	19:37	1:00:52	620	Kathryn Jaskar	Federal Way Wa	67F	13	20:41	1:04:10
538	Tracie Rakus	Duvall Wa	45F	48	19:38	1:00:52	621	Deborah Bishop	Wa	49F	54	20:42	1:04:12
539	Elizabeth Martin	Seattle Wa	32F	81	19:38	1:00:53	622	Austin Bishop	Wa	??	1	20:42	1:04:12
540	Kimberly Burnett	Everett Wa	31F	80	19:38	1:00:53	623	Debbie Johnson	Lynnwood Wa	32F	86	20:42	1:04:12
541	Sandra Lorentzen	Seattle Wa	61F	9	19:38	1:00:54	624	Janice Bolen	Bellevue Wa	58F	52	20:47	1:04:28
542	Renee Coppel	Kirkland Wa	??F	5	19:38	1:00:55	625	Lauren Bolen	Everett Wa	31F	87	20:47	1:04:29
543	Harrison Olswang	Seattle Wa	23	52	19:39	1:00:55	626	Shannon Mcphee	Lynnwood Wa	35F	88	20:49	1:04:34
544	Erica Coppel	Kirkland Wa	22F	85	19:39	1:00:56	627	Bernice Kegel	Edmonds Wa	55F	53	20:50	1:04:39
545	Whitney Russell	Tacoma Wa	11F	24	19:39	1:00:57	628	Ann Normile	Clinton Wa	0F	1	20:52	1:04:43
546	Delaney Dawson	Tacoma Wa	10F	23	19:39	1:00:57	629	Jerry Cabe	Snoqualmie Wa	57	26	20:52	1:04:44
547	Katie Ecklund	Tacoma Wa	12F	22	19:39	1:00:57	630	Sid Zielke	Kirkland Wa	60	17	20:52	1:04:44
548	Natalie Gossett	Kirkland Wa	28F	86	19:39	1:00:58	631	Stephanie Smith	Kirkland Wa	33F	89	20:52	1:04:45
549	Jeremy Burnett	Everett Wa	32	65	19:40	1:00:58	632	Cindy Boettger	Covington Wa	44F	55	20:53	1:04:46
550	Ben Olswana	Seattle Wa	29	53	19:40	1:00:59	633	Corina Boettger	Covington Wa	17F	28	20:53	1:04:47
551	Trevor Russ	Mercer Island	22	54	19:40	1:00:59	634	Alicia Dunloy	Auburn Wa	23F	**	20:54	1:04:50
552	Paige Pauli	Seattle Wa	21F	87	19:40	1:00:59	635	Leesa Madayag	Gig Harbor Wa	41F	56	21:01	1:05:12
553	Corey Martin	Seattle Wa	31	66	19:40	1:01:00	636	Jeffrey Shoch	Gig Harbor Wa	33	72	21:01	1:05:12
554	Beth Dawson	Tacoma Wa	49F	49	19:40	1:01:01	637	Ronald Canfield	Gig Harbor Wa	60	18	21:02	1:05:16
555	David Coppel	Kirkland Wa	55	21	19:40	1:01:01	638	Raquel Shoch	Gig Harbor Wa	35F	90	21:03	1:05:16
556	Jason Reeder	Sammamish Wa	28	55	19:40	1:01:02	639	Abigail Natucci	University Place	10F	25	21:03	1:05:17
557	Chris Gossett	Kirkland Wa	30	67	19:41	1:01:02	640	Jennifer Beals	University Place	38F	91	21:03	1:05:17
558	James Mcguire	Shoreline Wa	56	22	19:41	1:01:03	641	Maureen Canfield	Gig Harbor Wa	54F	54	21:03	1:05:18
559	Victoria Mcquade	Renton Wa	19F	25	19:42	1:01:05	642	Ross Mcgrath	Auburn Wa	27	60	21:03	1:05:18
560	Jihad m Othman	Seattle Wa	67	11	19:42	1:01:07	643	Dorianne Mcgrath	Auburn Wa	27F	**	21:03	1:05:19
561	Monique Vancamp	Seattle Wa	41F	50	19:42	1:01:07	644	Brad Tait	Federal Way Wa	52	27	21:04	1:05:19
562	Marianne Zbitnoff	Redmond Wa	55F	41	19:42	1:01:08	645	Nick Davis	Bellevue Wa	8	21	21:04	1:05:20
563	Theresa Mahoney	Bellevue Wa	70F	2	19:43	1:01:09	646	Korie James	Kent Wa	21F	**	21:04	1:05:21
564	Jeanette Gilbert	Burien Wa	24F	88	19:43	1:01:10	647	Kelly Garwood	North Bend Wa	35F	92	21:05	1:05:23
565	Lizzy Gilbert	Burien Wa	20F	89	19:43	1:01:11	648	Zach Davis	Bellevue Wa	10	22	21:06	1:05:26
566	Mitch Gilbert	Burien Wa	48	47	19:44	1:01:11	649	Teri Tait	Federal Way Wa	51F	55	21:06	1:05:26
567	Annie Philipson	Seattle Wa	30F	82	19:45	1:01:14	650	Peggy Kroskie	Bellevue Wa	59F	56	21:06	1:05:27
568	Erika Toivola	Kirkland Wa	26F	90	19:45	1:01:15	651	Kaelyn Hanson	Auburn Wa	10F	26	21:06	1:05:27
569	Bref McCallister	Seattle Wa	46	48	19:45	1:01:16	652	Brennen Hanson	Auburn Wa	6	23	21:06	1:05:27
570	Terry Dettorre	Edmonds Wa	58	23	19:46	1:01:18	653	Melissa Kroskie	Newcastle Wa	34F	93	21:06	1:05:27
571	Michael Gruenwald	Seattle Wa	26	56	19:46	1:01:19	654	Pat Mason	Bothell Wa	50F	57	21:07	1:05:30
572	Diana Hartwell	Seattle Wa	58F	42	19:47	1:01:20	655	Clell Mason	Bothell Wa	51	28	21:08	1:05:32
573	Kevin Mcglockin	Seattle Wa	36	68	19:47	1:01:23	656	Erika Hanson	Auburn Wa	31F	94	21:08	1:05:32
574	Rachel Davis	Bothell Wa	26F	91	19:48	1:01:24	657	William Jans	Camas Wa	61	19	21:08	1:05:34
575	Marie Philipson	Edmonds Wa	61F	10	19:48	1:01:25	658	Ollie Polonsky	Bothell Wa	65F	14	21:11	1:05:43
576	Bob Held	Seattle Wa	46	49	19:49	1:01:28	659	Steve Lefley	Snohomish Wa	57	29	21:11	1:05:43
577	Ashley O'connor	Nashville Tn	28F	92	19:49	1:01:29	660	Peggy Lefley	Snohomish Wa	48F	57	21:11	1:05:44
578	Gerry Philipson	Edmonds Wa	62	12	19:52	1:01:37	661	Shannon Lefley	Snohomish Wa	20F	**	21:12	1:05:44
579	Stan Lawton	Renton Wa	44	50	19:54	1:01:42	662	Eric Lefley	Snohomish Wa	23	61	21:12	1:05:45
580	Andrea Rosen	Mill Creek Wa	30F	83	19:55	1:01:46	663	April Palmiter	Wellsville Ny	54F	58	21:14	1:05:52
581	Desiree Little	Wa	23F	93	19:57	1:01:51	664	Michael Palmiter	Wellsville Ny	60	20	21:14	1:05:53

Seattle Guts and Glory 5K Run

08/12/2007

Place	Name	City	Age		Place	Pace	Time
			Age	Place			
665	James Roberts	Mukilteo Wa	31	73	21:15	1:05:53	
666	Emily Palmiter	Everett Wa	25F	**	21:15	1:05:54	
667	Maggie Campolong	Tacoma Wa	30F	95	21:15	1:05:55	
668	Chad Palmiter	Everett Wa	28	62	21:16	1:05:57	
669	Laura Lewis	Bellevue Wa	43F	58	21:16	1:05:58	
670	David Coutts	Bellevue Wa	48	52	21:16	1:05:59	
671	Amy Storch	Maple Valley Wa	27F	**	21:17	1:06:01	
672	Todd Storch	Maple Valley Wa	27	63	21:17	1:06:01	
673	Lauren Freligh	Bothell Wa	9F	27	21:20	1:06:09	
674	Holly Freligh	Bothell Wa	37F	96	21:20	1:06:10	
675	Joe Schoenmaker	Snohomish Wa	56	30	21:22	1:06:16	
676	Steve Gatchel	San Ramon Ca	61	21	21:22	1:06:17	
677	Walter Guldi	Kirkland Wa	65	22	21:23	1:06:19	
678	Cristobal	Tacoma Wa	43	53	21:23	1:06:20	
679	Justin Ryan	Wa	42	54	21:23	1:06:20	
680	Paula Campbell	Tacoma Wa	50F	59	21:23	1:06:21	
681	Teresa Berge	Orting Wa	39F	97	21:24	1:06:22	
682	Samantha Mull	Puyallup Wa	41F	59	21:24	1:06:22	
683	Peggie Mccarthy	Snohomish Wa	25F	**	21:24	1:06:23	
684	Jolene Tanner	Mill Creek Wa	27F	**	21:24	1:06:23	
685	Jacquelyn Botsford	Federal Way Wa	36F	98	21:26	1:06:28	
686	Fleta Cummings	Seattle Wa	51F	60	21:26	1:06:29	
687	Brittany Anderson	Newcastle Wa	26F	**	21:34	1:06:53	
688	Kristyn Knight	College Place	30F	99	21:34	1:06:55	
689	Kaeden Knight	College Place	10	24	21:36	1:06:59	
690	Tyler Kiser	Newcastle Wa	26	64	21:37	1:07:01	
691	Janie Mattison	Maple Valley Wa	54F	61	21:37	1:07:02	
692	Damon Kruger	Seattle Wa	31	74	21:38	1:07:07	
693	Mackenzie Sorich	Seattle Wa	27F	**	21:39	1:07:07	
694	Leoncio Sanchez	Georgetown Ga	60	23	21:39	1:07:09	
695	Leila Jerene	Bellingham Wa	63F	15	21:46	1:07:31	
696	Matt Fink	Federal Way Wa	21	65	21:50	1:07:45	
697	Keith Richstad	Federal Way Wa	22	66	21:51	1:07:46	
698	Gavin Johnson	Brier Wa	22	67	21:52	1:07:48	
699	Kyle Bressler	Tacoma Wa	22	68	21:53	1:07:51	
700	Wayne Gordon	Federal Way Wa	32	75	21:54	1:07:57	
701	Kim Gordon	Federal Way Wa	25F	**	22:23	1:09:26	
702	Kyle Tait	Federal Way Wa	21	69	22:23	1:09:26	
703	Sam Linnerooth	Carnation Wa	15	15	22:23	1:09:26	
704	Kylie Eastman	Bonney Lake Wa	5F	28	22:30	1:09:47	
705	Debbie Eastman	Bonney Lake Wa	35F	**	22:30	1:09:48	
706	Joel Eastman	Bonney Lake Wa	38	76	22:31	1:09:51	
707	Beth Ellis	Seattle Wa	51F	62	22:31	1:09:51	
708	Julee Pratt	Redondo Wa	36F	**	22:31	1:09:51	
709	Debbie Neeley	Mountlake Terrac	46F	60	22:31	1:09:51	
710	Barb Zielke	Kirkland Wa	60F	16	22:31	1:09:51	
711	Jeanne O'neill	Bellevue Wa	54F	63	22:31	1:09:51	
712	Heather Pierce	Bonney Lake Wa	23F	**	22:32	1:09:53	
713	Jared Nichol	Snohomish Wa	24	70	22:33	1:09:55	
714	Mary Neff	Burlington Wa	56F	64	22:47	1:10:39	
715	Marc Neff	Burlington Wa	58	31	22:47	1:10:39	
716	Sherrri Schierberl	Lake Forest Park	55F	65	23:18	1:12:15	