

Sunday, November 8, 2009

**SAN FRANCISCO BAY AREA FLAGSHIP PATIENT & FAMILY EDUCATION SYMPOSIUM
 PROGRAM DESCRIPTION**

The San Francisco Bay Area Flagship Patient & Family Education Symposium is the only program in the Bay Area that provides comprehensive medical, surgical and integrative information to patients and family members on how to live well with inflammatory bowel disease (IBD). It also includes an opportunity for patients and their loved ones to meet others to gain support and decrease feelings of isolation that are unfortunately often come along with the physical symptoms of the disease. We feature a keynote address from a noted clinical and research expert followed by 8 breakout sessions on a variety of topics and a "buddy" connection program for support.

Over the past four years, the San Francisco Flagship Patient & Family Education Symposium has grown dramatically. Last year, we served 300 patients at our program, a record for our Chapter and we chose the South San Francisco Bay Area Conference Center, a new and more convenient location, which is accessible from anywhere in the Bay Area. We are pleased to go back to the same venue again this year.

PROGRAM

9:00-9:30 am

Registration

9:30- 10:45am

Keynote Address from Jonathan Terdiman, MD
 University of California, San Francisco

SESSION 1: 11:00 am-12:00 pm

Workshop A: What Every Patient Needs to Know
 Richard Auld, MD, Gastroenterologist

Workshop B: Bridging the Gap Between Patients & Loved Ones
 Sharon Haase, MFT, Psychotherapist

Workshop C: Integrative Techniques
 Kenneth McQuaid, MD, Gastroenterologist

12:00-1:00 pm

Lunch/Health Fair

SESSION 2: 1:00-2:00pm

Workshop D: Nutrition and IBD
 Nachal Bhangal, RD, Nutritionist

Workshop E: Q&A on Biologic Medications
 Shamita Shah, MD, Gastroenterologist and Barry Shibuya, MD,
 Rheumatologist

Workshop F: Writing for Your Health
 Abby Gaplin, MD, Mind-Body Medicine Counseling

SESSION 3: 2:15- 3:15 pm

Workshop G: Q&A About Medications
 Jaffrey Aron, MD, Gastroenterologist

Workshop H: Pediatric and Teenage Crohn's and Colitis
 Marjorie McCracken, MD, PhD, Pediatric Gastroenterologist

Workshop I: Surgical Options for IBD
 Emily Finlayson, MD, Colorectal Surgeon

3:15 3:45 pm

"Buddy" Connection Program